



## Shake It Up Bottle

### Handout A72

Other ways I can help my baby learn about floating and sinking:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Which Daily Do I want to focus on practicing:

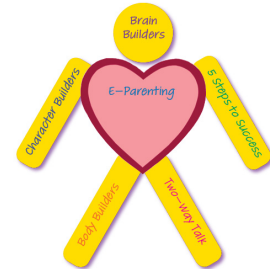
- \_\_\_\_\_

When will we do this activity:

- \_\_\_\_\_
- \_\_\_\_\_

Which skills or concepts I want my infant to learn:

- \_\_\_\_\_
- \_\_\_\_\_



How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Gather the **Shake It Up Bottle** you made. Then show your baby the bottle and demonstrate how to shake it to make the objects move in the water. As you do this, describe what they're seeing, hearing, touching, doing, and feeling. You may say something like: **Let's shake it together...Shake, shake! See the seashells moving. Swish, swish.**
3. You can also show your infant how to roll the bottle on the floor and encourage them to crawl after it and roll it themselves.